



THE CAROL WOODS NEWS

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TWO FACES OF CAROL WOODS DINING SERVICES

Art Ernteman is tall and good-looking, with a hint of shyness that makes him appear vulnerable. But he's not. It's his job to manage fourteen, yes, fourteen dining rooms as well as the carry-out service we enjoy with our great variety of baskets. From his career beginnings as a wait-staffer in his senior year at Chapel Hill High School through advancement to head honcho in the Carol Woods Food Program, Art has seen it all, done it all, and had time to develop his ideas for better and better services to residents. He quotes his most-often received comment from residents — "I hate to complain but ..." "Yet," he continues, "complaints are actually helpful, so keep them coming. They help us identify areas for improvement."

In the works are: Late-Spring arrival of new steam tables that will keep hot foods really hot; a see-through Sneeze Bar; a new Spring menu; an increase of popular soup selections; a Bread-of-the-Week: and, when renovations allow, more desserts and relief of the logjam at the ice cream station.

After years of anticipation, months of research and documentation, Art is putting into operation an on-the-spot nutritional analysis for soups and special salads. Ultimately a complete record of all ingredients and nutritional values will be housed in a binder near the check-in. This will be a godsend for people with special intolerances.

Also in the near future: a Residents' Food Sale Program, where staples like eggs, milk, juice, bread, crackers and cereals will be offered at bare-bottom prices — and that means competitive with your favorite grocery store. "We're not in business to make a profit," says Ernteman. You get the impression that this man knows what he's doing. He's listening. He's acting. With responsibility for managing and training sixty to seventy employees, two kitchens (Main and Building Four); plus buying and budgeting for 1095 meals a year (special and regular menus) he keeps busy.

Michael Malek, also in Dining Services, is one of the people who helped Carol Woods become the recipient of the North Carolina Advocacy Network's Business of the Year Award in 2004. We were chosen from among a host of state-wide nominee's by a selection committee comprised of advocate leaders representing all the major disability organizations across the state. The citation read: "In recognition of their humanity and vision as an organization whose hiring, business and social practices deeply reflect and promote the values of equity, inclusion, individual achievement and growth, and community building." Malek works through the community agency Caramore to hire and train individuals with special needs to do many of the usual jobs necessary to prepare and serve three meals a day to our residents. As these cheerful and helpful staff members work among us we do not see their "special needs". Instead we see reliable and capable people who meet our special needs with grace and caring.

JB

SUMMER FESTIVAL AT CAROL WOODS

"How's the Summer Festival coming along?" "You're going to have a hard time beating last summer's Festival!" These and other queries and comments encouraged the ten members of the Summer Festival Committee through five months of working and planning for our second season. It opened with a bang on June 1 with the 45 members of the Village Band, including resident **Bert Linker**, playing for an enthusiastic audience.

Based on the results of the resident's preference survey and information from a statistical analysis of attendance following the 2005 initial Summer Festival, Forty-one programs have been planned with something for everyone. Favorites like the Carol Woods Jazz Quartet, the GOAT quartet, and Jim Ketch on Jazz have been secured for repeat performances. Because a variety of

continued on page 2

continued from page 1

offerings featuring Carol Woods talents was a goal for the committee, the program includes **Nita Donaldson's** poetry group and **Bill Bayliss** on the piano, among others. Interesting or unusual occupations and hobbies are also represented, for example, by **Dalys Vogel's** daughter, Jenny Mast, who will come from her home in Philadelphia to talk about and illustrate being an Olympic figure-skating judge. Pulitzer Prize winner Robert Ward will tell the residents something about composing an opera. Classical music performances like the Pauline Lederer Trio, opera videos like *The Pearl Fishers*, old favorite films like *Top Hat* and newer ones like *The Song Catcher*, a variety of speakers including resident **Curt Jones** on current world affairs and Charles Kaplan on *The Roots of Southern Humor*, a live play-reading and a film of *Much Ado About Nothing* represent some of the other offerings.

As relatively few Carol Woods residents are away for the whole summer, the committee hopes to engage those who are here with a variety of entertainments for an hour or so every Wednesday, Thursday and Friday evening from June 1 through September 1. A happy and stimulated community is its goal.

Anna Mary Maddy

GOD SAVE THE QUEEN? MY COUNTRY ‘TIS OF THEE?

Do you know all the words of the British national anthem? You would if a party-loving late riser had not ambled to the aid of the colonial army. The dour, up-at-dawn John Adams infuriated the French court by knocking at the gates of Versailles at some ungodly hour but Ben Franklin, who slept late after long evenings of dancing and flirting, was the one who received the keys to the Treasury so that, just in time, Washington's Army got the needed funds to defeat the English. The late bird got the worm!

Medicare files show no health benefits for those who greet the dawn. The IRS is less generous with its data base, but officials speaking off the record told this columnist that late risers reported slightly higher Adjusted Gross Income (Form 1040: line 37, page 1.) And the College Board people confirmed that long-sleepers scored higher on their SAT's.

A dark night, a quiet house, a good book, and a telephone undisturbed by telemarketers are a recipe for true happiness when followed by eight, nine, or ten hours of deep sleep. I have no need to respond to the reveille of brainless roosters or the gaudiness of rosy sunrises. I greet the full-blown sun with my breakfast and morning paper, thank you very much.

Walter Stults

OH, HOW I HATE TO GET UP IN THE MORNING

I learn from Carol Woods residents every day. It's easy for me, since I have so much learning to do. Reading the April issue of *Carol Woods News*, I learned to my amazement that there are residents here who actually choose to get up and get going before daylight! That's shortly after my bedtime. Rather than waking to the sweet chirping of birds, as lunchtime approaches I am shaken by Emma (in Assisted Living) threatening to pour a pitcher of water on me (I swore off alarm clocks when I got out of the Navy in 1946.)

For me, the productive day begins a couple of hours after dinner. That's when I tool up for my full evening. Once, a few years ago, when I was going on a cruise, I actually got up at daylight. I didn't recover for three days. Just what does this "full evening" consist of? It's not movies or television, as you might think. When I was a freshman in college, I averaged five movies a week. I hardly ever go now; I don't watch much television. The computer takes center stage. Unless, that is, there's an important sports event on the tube. I hear sports enthusiasts complain about ball games beginning at 9 o'clock. "Too late for me," they say. If there's no special game or other program at that hour, I can start earlier. I get e-mails from friends in this country and abroad, and now is a time to answer them. I balance my checkbook (on the computer) and take a quick look at the day's business news, to see whether I've gained or lost 25 cents. If it's 10:00 or after, I watch the 6:30 evening television news repeated on the Internet. It's a good time to check the weather for the coming days.

If I have something to write - a special letter, a paper of any kind, this is the time. (It's 10:35 p.m. as I write this.) As midnight approaches, it's time to read the morning papers on the Internet: the *NY Times*, the Raleigh and Durham papers. Very few changes are made after midnight.

I think I came by the "night owl" complex naturally. After all, it goes 'way back to World War I with that plaintive cry, "Oh, how I hate to get up in the morning." I suspect the early risers were never in the military!

John Young

WELCOME NEW RESIDENTS

Catherine Faver (Apt. 3204) moved here from Wilmington, NC. She grew up on a dairy farm near Columbia, SC, earned a degree in Home Economics from Winthrop College and a masters in Christian Education from the Presbyterian School of Christian Education in Richmond. Catherine's husband Bill died in 2001. They both had varied career interests including spending three years developing a summer wilderness camp in the Florida Everglades. When Catherine was Director of Special Services at the Presbyterian CCRC in High Point, NC she knew the mothers of Carol Woods residents, **Libby Holder** and **Julia McAfee**. Her daughter and son live in this area. Through daughter Kate's part time job at Carol Woods a few years ago as an occupational therapist, Catherine decided this would be a good place to live. Her statement "Living at Carol Woods is like living in a park" fits well with her love of being out of doors. Knitting, swimming and bird watching are Catherine's hobbies. She expects to be involved in the activities at Carol Woods and the Chapel Hill community in ways fitting her interest in children, church, music and Elders for Peace.

Susie Barcus

Marjorie Riepma (Cottage #231) spent her early years in Independence and Springfield, MO. Her BA degree is from Randolph Macon College, and her MBA from Indiana University.

Marjorie enlisted in the U.S. Navy during World War II with the rank of Lieutenant and ran a supply system for airplanes. Resigning from the Navy, she returned to Springfield, where she worked for the Veterans Administration and learned to fly, achieving her private license and twin engine rating. She then enlisted in the U.S. Air Force, transferring her Navy rank and years of service, and worked in London, Hawaii, Wiesbaden and Libya, taking early retirement in 1973 with thirty years of service.

Marjorie's best friend lived in Raleigh, so she became familiar with the area and chose to live in Chapel Hill. Thirty years later, she moved to Carol Woods where she already had friends.

Marjorie likes to do needlepoint, travel, cook, and bake. She is known to her friends as the "cookie lady."

Janet Davis

Margaret Gulley (Apt. 3116) comes to Carol Woods from Chapel Hill, but traveled far and wide before settling in this area. Born in LaSalle, Illinois, she completed undergraduate work at the University of Chicago and received a M.S. degree from UNC-Chapel Hill. After teaching in a one-room school in central Illinois, she joined the American Red Cross as a volunteer in 1945. On her first trip to Europe her footlocker was cast overboard as the ship rammed and sank another vessel. Following that adventure she worked in a replacement camp for American soldiers in France, then in the Palace of Justice in Nuremberg, Germany, home of the International Tribunal, and as Program Director in several military bases. After a brief hiatus she re-enlisted in the Red Cross to do hospital work, traveling Japan, Okinawa and Korea before becoming head of the Red Cross Staff at the naval hospital in Guam.

Margaret worked in the Medical School after she came to Chapel Hill as a graduate student's wife. Retired since 1990, she says that she plans to work with service groups and enjoy her family. She takes great pride in her daughter, a molecular pathologist at UNC-Chapel Hill, as well as her son-in-law who teaches general medicine and psychiatry at Duke University and her two talented granddaughters.

Jessie G. Lutz

Ruth Barnes (Apt. 3220) is familiar with the early days of Carol Woods because her mother, **Anne Royal**, was a pioneer here. Ruth, a NC native of Morehead City, has lived in Chapel Hill since 1950. She graduated from UNC-Greensboro and married Sam G. Barnes, after he came to UNC from military service. On May 28, 2006, Sam was posthumously inducted into the Wrestling Coaches Hall of Fame. Their four sons grew up here. Two graduated from UNC-CH, one from Davidson and one from Penn State. Her grandchildren are not far away.

In addition to being a faculty wife and mother, she has been involved in teaching at University Methodist Church and providing volunteer tutoring in the Chapel Hill Schools. She assisted minority children who had been under-achievers and met the especially memorable challenge of successfully teaching an elementary Japanese student to become fluent in English.

Ruth's other interests include reading, bridge, Bible study, cooking and travel, including trips to Europe, Turkey, Syria, China, and a special adventure in the Baja last year, getting to know whales up close—from a kayak!

Janet Campbell

WHAT'S GOING ON HERE

A weaving demonstration in the Social Lounge highlighted the textile skills of some of our residents.... Hodding Carter spoke of "real terrorism, phony war"..... Jock Lauterer profiled the lives of North Carolina's Appalachian residents with pictures and stories.... Once again the Carol Woods precinct outdid all others in the Primary election with a 70% turn out... Recent movies included *The Constant Gardener*, *Good Night and Good Luck* and *Capote*... Twenty six members of the Carol Woods dining staff were honored at a graduation party June 3 where \$9000 was divided among the twenty-three waiters who had been employed for more than seven months.

THE SAIL OF THE S. S. CAROL WOODS

Getting a jump on the summer cruise season, passengers on the maiden voyage of the good ship Carol Woods were seen playing with funnymoney at Casino tables, having their fortunes told, enjoying performances by singers and dancers, and participating in line dancing as well as sampling the goodies in the Cruise Buffet before arriving at their first port-of-call where they were greeted with the sound of steel drums. Even confirmed landlubbers found this cruise a delight.

NM



STAFF: Natalie Fiess, Chair; Jane Berryman, Russell Graves, Ray Mack, Nancy Martin, and Mary Scroggs. Ann Kendall, drawing.

Circulation: Barbara Allen, Janet Campbell, Helen Hawley, Beth Jukes, Eva Lynch, Jessie Lutz, Stella Lyons and Lang Prouty.

RESIDENTS ASSOCIATION MEETING

In May, the new Council was elected: **Dot Cansler, Lois Frost, David Sices, Caroline Sikorsky,** and **Bill Wright**, with officers **Mary Scroggs**—Treasurer, **Ray Mack**—Secretary, **Peggy Pollitzer**—Vice-President, and **Ross McKinney**—President. **Audrey Booth** has chaired an ad hoc committee exploring the possibility of improving the ergonomic quality of seating in the Assembly Hall. **Kip Lester** reminded us of the Party Committee's plan for a Cruise Party. Pat Sprigg cautioned us against starting a new fund-raising program for each proposed project. We should steer ideas for new projects through the regular budgeting process.

Tempora mutantur, nos et mutamur in illis. (Times change, and we change with them too.) From Owen's Epigrammata, 1615.

Your editorial team concludes its assignment with this June issue. We are planning to celebrate and congratulate each other, including the hard-working distribution staff, at dinner on Friday, June 9.

Our faithful readers can look forward to *The Carol Woods News* resuming publication in September with **Nancy Martin** as Chair.

CAROL WOODS

P.O. Box 2121
Chapel Hill, NC 27514-1438

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