



THE CAROL WOODS NEWS

is published each month except July and August. It is distributed to residents, applicants on the waiting list, and other interested persons.

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Chapel Hill, North Carolina

September 2005

THE LIBRARY COMMITTEE

A committee with forty-nine members? To manage a library of 5,000 books? Surely this is an example of bureaucratic excess! The truth is that the members are all volunteers who welcomed a chance to work in the library either because they are former librarians or because, as some of them put it, "I just love our library." Over the years committee chairs have found it almost impossible to turn down willing helpers and lovers of books.

The further truth is that the library is a many-faceted enterprise, permitting the work to be divided into manageable units with each volunteer working at a specific task. The responsibilities can vary from requiring several hours a week to needing attention only a couple of hours a month.

Thus we have members who choose which gift books to keep or to help select the few we can buy. One volunteer checks for duplicates, a professional cataloger keeps us firmly attached to the Dewey Decimal system, computer gurus enter the books into our catalog, and labelers stamp and paste labels in the books or remove new-book green stickers as necessary. Several volunteers share shelving responsibilities, others file cards, read shelves, weed, check for overdue items, or handle discards.

Others are specifically assigned to manage one of the special collections—paperbacks, periodicals, audios, VCR's, DVD's, and the satellite libraries in Buildings 1-7. A former businessman is the bookkeeper who handles the library's modest funds and donations to the book fund. A librarian with architectural experience gives us valuable advice on the arrangement of the library and its furnishings. Retired reference librarians assist residents in finding books and answering queries.

If all this sounds structured, it is. But there is flexibility as well. There are almost no schedules. Each volunteer chooses a time to work and works independently. There are backups for most jobs, so vacations and illnesses seldom slow the work of the library. There are usually only one or two all-committee meetings a year although there is frequent communication through personal contacts and memos.

The co-chairs (**Jean Joseph** and **Nell Waltner**) divide responsibilities. Since each task must dovetail with others, one coordinates the volunteer assignments and handles daily activities and problems. The other has responsibility for community relations, contacts with book dealers and public libraries. She also plans and manages special projects that keep us moving forward. They, and the rest of the committee, build on a wonderful system started and evolved over the years under outstanding former library committee chairs.

Jean Joseph



DREDGING THE POND

The ducks, geese, and fish, all long time residents of Carol Woods' pond, and the algae, recent arrivals, were all summarily evicted shortly after Independence Day so the pond could be drained before it became a swampy bog. It had never been dredged since it was built over twenty five years ago.

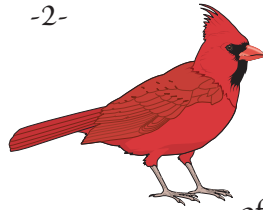
Under the watchful eye of **Tony Bayless**, Director of Landscaping and Grounds, the project began by pumping the water, estimated roughly at 650,000 gallons, out of the upper pond and into the lower pond and beyond. The process was going along nicely but slowly when rain filled it up again. This affront was answered by importing a much larger diesel pump. It was discovered that the entire basin was nearly full of silt. Waiting for the silt to dry before hauling it off to its final resting place behind a silt fence had been scotched by the rain, so a series of heavy trucks carried the still wet mass to its ignominious fate near the grounds area.

Once the silt was removed everyone was surprised by how deep the pond was. It is a catch basin for runoff feeding into the creek and from a substantial area in its immediate vicinity. In the heat and drought of early August everyone wondered how long it would take for the pond to fill. On August 9th an industrial strength rain storm filled the pond almost to the brim in one afternoon!

Residents heading for the dining room have been regaled by the pond and its various denizens over the years and some of our more ambitious gardeners have pleaded for the silt to enhance their gardens as top soil. Tony feels it wiser to wait until he has had a chance to test the silt's horticultural properties before making it available for Carol Woods gardens.

As for the fish: they will return. The State of North Carolina has proven most helpful in suggesting species that would thrive in Carol Woods' pond, with some preference being expressed for sunfish. The ducks and geese will take care of themselves as they always have. The algae have been advised to look after their needs elsewhere.

RG



A CARDINAL FAMILY

July-August 2005

They tried at first to build a nest on top of a broom kept on the inside corner of my deck, near the deck door. I objected and moved the broom so they resettled and built a more stable nest in my potted ficus tree. Actually she did all the work; he watched from a distance. In due course two eggs were laid and the female faithfully sat on them. I never saw the male bring her anything to eat or offer to sit.

7/26: eggs hatched; female sits but doesn't bring food very often; she perches on the edge of the nest, probably because it's so hot. Male came at least once with food but he does faithfully "take out the garbage" (the little sacs of excrement that are taken far from the nest.) When storm threatened I was able to roll the ficus closer into the corner so it could be partially covered by the eaves.

8/1: more attention is paid, more food is brought, mainly by the female. Fun to see the little heads rise up with wide open beaks.

8/3: Much more traffic and hear a few squeaks. Later in the day I see one fledgling sitting on the edge of the nest; lots of alarm notes from adults. He jumps/flies down to a deck table and gathering strength flies to edge of deck and down, amid plenty of alarm calls from adults.

8/4: Nervous activity by both parents; are they trying to urge the second little one to get out of the nest? Thunder and heavy rain. Female dutifully comes to sit protectively covering the little one until the next morning.

8/5: Around noon I notice the little guy perched on the edge of the nest; adults fussing around. He jumps/falls to the end table; sits a while longer, adults nervously hovering but don't come to feed.

Finally the baby makes a little struggle but manages to get airborne long enough to fly to the deck floor: male perches on chair, urging him on. Once more the baby is airborne about 15 up inches to edge of deck, then down to the ground. It took a little over an hour from the time when he first got out of the nest and sat on its edge.

So, they're off. The neighborhood is quieter, the broom stored again. The humming birds are furiously fighting over the feeder so it's never boring around here.

NF

WHAT'S FOR DINNER?

It's three o'clock in the afternoon in the Carol Woods kitchen — the calm before the storm, scheduled to begin at four o'clock for Take Out customers in the Carvery. Activities then continue without letup through sit-down service in gracious adjoining dining rooms until 6:30, although friends often linger.

"We're about ready for the rush," says my guide, **Steven Playne**, the genial Culinary Manager, pleased that everything is under control. He is taking me on a private tour of the kitchen. Everything is spotless stainless steel. In one corner, in large trays, breaded catfish await browning in gently bubbling cauldrons of fat. There's no greasy odor, telling me the fat is fresh and not nasty with repeated overuse. Another tray holds catfish that will be baked, instead of fried. No dirty dishes or glasses. Just calm, order — and air-conditioning.

The facility is impressive with its special areas of temperature control; the precise rows of stored canned fruits, vegetables, bags of muffins and bread, seasonings, etc. As Steve describes the operation, his pleasure is apparent. He enjoys responding to the needs of 450 residents out of this main kitchen plus the satellite kitchens that serve the Health Center and Assisted Living Buildings.

Menus are rotated periodically. When I visit it is mid-July. Beautiful fresh fruits and vegetables are ready for the Salad Bar. Everybody loves the juicy sliced tomatoes of July and August — a local farmer's crop, reserved entirely for Carol Woods. Seedless watermelon goes over in a big way too. Cold soups rank high. Lunch and dinner each offer a meat, a seafood and a vegetarian entrée choice daily.

Steve tells me forty percent of the entrees are fully prepared in the kitchen: the rest come from top-quality frozen and canned foods from the markets of the world. Bread, cakes, pie and cookies are mostly prepared in local bakeries.

Then there's our beloved Maple View Ice Cream, the great reward for *calorie-unconscious* people like me, spooned-over with a favorite dollop of syrup and/or nuts.

More than a million dollars a year is budgeted for the operation of the kitchens. "We pretty much stay on budget," says Steve proudly. He hastens to mention that food prices advance almost daily. This is no surprise to any of us who've patronized our favorite supermarket recently.

Most Carol Woods residents have nothing nice to say about the wooden "sneeze bars" that block our view of the buffet. Happy news: Next year's budget includes remedial renovation, as well as plans to untangle some for the traffic jams that sometimes occur in the buffet dessert area.

Steve Playne is dedicated to Dining Services at Carol Woods. He tells me "I read every one of the residents' comments in the little brown Mail Box at the Check-In." He also answers everyone personally: to this I can attest, having made a few comments, myself, mostly laudatory. He wants more input from us, negative or positive; they are helpful the staff.

Resident **Fran Weaver** chairs the twenty-one member Dining Committee. They meet once a month with **Art Ernteman**, Director of Food Services and his staff. This keeps everybody in touch with Art's adventures in training our Wait Staff as well as his duties in small wares purchasing and main dining room services. Our Wait Staff is outstanding, brightened by the young, wrinkle-free faces of nearby high school and college students.

My tour and my questions took about an hour. Now it was time for me to take my little Red Riding Hood basket and see for myself what temptation the Carvery would present for me to take home for tonight.

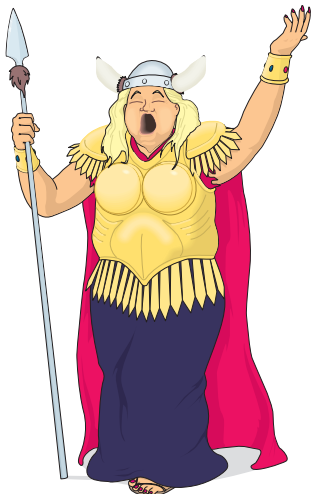
WHAT'S GOING ON HERE?

The Summer Festival

Response to the Summer Festival's forty-two evening programs of variety and pleasure for June, July, and August, has been seen in the fine attendance (occasional standing room only).

Beginning in June with video recordings of the Metropolitan Opera 100th Anniversary Gala in 1983, we did not don our tiaras but there was a party atmosphere and dress. After that, we settled down to Carol Woods casual, enjoying children as musicians, fine music and jazz, and learning about armor and fencing. July and August were as varied as a play reading, more opera and an even broader variety of music. Lectures on the current world and more esoteric subjects expanded our knowledge and our interests. We laughed, danced, sang, questioned, argued, and applauded. On Friday night, September 2nd, the Summer Festival concluded with a DVD recording, the 2000 version of "Fantasia" with James Levine conducting the Chicago Symphony Orchestra.

Survey responses commended and urged that we plan for '06 and that we repeat some 2005 programs. The creative minds of Carol Woods have more ideas and suggestions; they told us to continue opera and add symphony videos, more jazz programs, dramatic readings, current affairs (a formal debate), games, rope skipping (to watch!), dancing and singalongs. Summer Festival was a success.



Peggy Griffenhagen

July 4th Celebration

Continuing a tradition begun ten years ago, Carol Woods residents again took part in reading the *Declaration of Independence*. This year was quite different because the eight readers were all *naturalized* American citizens:

Gisela Nayar – Germany

Jackie Sices – France

Edith Haubrichs – Germany

Otty Snyder – The Netherlands

Henry Immerwahr – Germany

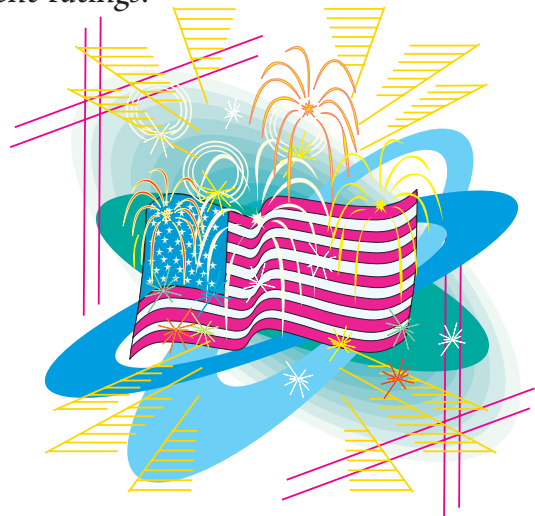
Peter Fischer –Czechoslovakia

Mac Clarke – England

Introducing the reading, **John Sanders** gave a five minute talk on the history and context in which the Declaration was written. Following the reading the large audience in the Assembly Hall joined in singing many of the verses of *America the Beautiful*. Afterwards, one of the readers told us that this event was more emotionally meaningful to her than the day on which she was granted American citizenship.

Notable

H. Robert Brashear, MD was honored with the establishment of the H. Robert Brashear Alumni Teaching Professorship at the Raney Alumni Dinner of the UNC School of Medicine. Over the past 52 years he taught each of the 6,000 medical students, never missing a scheduled lecture or lab, and regularly receiving the highest student ratings.



WELCOME NEW RESIDENTS

David and Carol Turkaly, (Apt. 211) David and Carol Turkaly arrived in mid-July from Alexandria, Virginia with their two-year old airedale, Benson, after thirty years in the same beloved row house. They also have a home in Southern Shores on the Outer Banks.

Originally, Carol comes from Ohio and David from Pennsylvania. David has a BA from Franciscan University and an MEd from the George Washington University in Washington, D.C. He worked for thirty-one years in D.C. government at the Vocational Rehabilitation Administration, supervising a unit of counselors for people with mental illness. Carol has a BA from Muskingum College and an MSW from the University of Michigan in Ann Arbor. She worked for thirty-four years in public child welfare, psychiatric social work, and school social work.

David is looking for a place to play tennis and also looks forward to croquet. Carol has always longed for a screened porch and looks forward to enjoying theirs after the moving boxes are unpacked. Benson is interested in catching rabbits and toads but has been seriously dissuaded.

Robert Seymour

Donna and Andy Stanley (Apt. 216) Donna and Andy retired from New Jersey to South Carolina for seventeen years, prior to a short Hillsborough stay while their Carol Woods apartment was being readied. Donna graduated from St. Luke's Hospital School of Nursing in Cleveland and was an office supervisor and operating room nurse for ophthalmology (after raising four children and volunteering with Girl Scouts). Andy graduated from Case Institute of Technology and studied for his MBA at Temple University. After serving as an officer in the U.S. Navy he worked for AT&T as an engineer and later in the Finance Department. They lived and worked in New Jersey fourteen years, and their four children and eight grandchildren still live in the New York, New Jersey, Pennsylvania area.

During their South Carolina retirement both Donna and Andy were Habitat for Humanity "painters." They have enjoyed wide-ranging travel in all seven continents. Today their interests include hiking, birding, music, genealogy and learning more about computers and their Carol Woods neighbors.

Gay Brashear

Donald and Jessie McIntyre (Apt. 1211) They came to Chapel Hill thirty-three years ago when Don accepted a position at UNC Student Health Services. Prior to that he had been a Foreign Service officer with the Medical Division of the Department of State, serving in VietNam, Iraq, Pakistan, Zaire, Austria, Yemen and Washington D.C. Both Don and Jessie served in the U.S. Army during World War II. Don was in private practice in Charlestown W. Va. before joining the Department of State.

The McIntyres have three daughters, four grandchildren and six great grandchildren. Their interests are reading, travel and walking.

Edith Haubrichs

Dora Noble (Apt. 1306) Dee Noble is the new resident with the mildly British accent. Hailing most recently from her farm in Narrowsburg, New York, Dee is learning to adjust to life here without her "outdoor cat," Brad, and a barn replete with antique cars that she left in the care of one of her three sons. A daughter lives nearby in Chapel Hill. Her husband died three years ago. Dee was a hotel receptionist in England during World War Two, helping to welcome the 1st Eagle Squadron from the United States. She once travelled extensively in Europe chaperoning a Lord's two daughters to the great centers of art and music. There's a twinkle in her eye as she talks about her own granddaughter here who's notching her belt in Tae Kwon Do. You may have already met Dee walking "around the circle" every morning.

Jane Berryman

ON TURNING EIGHTY

Eighty? I'd never thought to be!
Never sought this elder's status.
Youth need yield no seat to me.
I'll pay full fare, nothin's gratis.

The mind's intact, at least *pro tem*.
The body has its share of plastic.
Here a pump, there a stent. A *golem*
It's become, but not too drastic.

Henceforth higher wisdom I foreswear.
Let rest the paradox of quanta.
Such arcane, *pas mon affaire*.
Tell me not of the Vedanta.

I'm done with tasks of self-improvement!
My motto now is *Carpe Diem*.
I'm not Astaire, I'll never be 'im,
But watch me tango, catch my movements!

My span of years I think is due
To medical engineering.
My joy in life, its cause is you,
Kith and kin of charms endearing.

R. S. Metzger



CONCERTS AND LECTURES

(Please note change in concert schedules. Concerts will now be on Tuesdays, except on Sept. 28 and Nov. 16)

Tuesday Concerts

Sept. 6 – Chris Reynolds, Howard Smither et al
– Jazz

Sept. 13 – Pauline Lederer – Piano

Sept. 20 – Schubert Octet

Sept. 28 – (Wed.) Mary Ann Nilsson – Piano

Thursday Lectures

Sept. 8 – Peter White: Turn the Poet Out of Doors;
Natural History of Robert Frost

Sept. 15 – Bob Seymour conversation with Dean
Smith

Sept. 22 – John Sanders: North Carolina History

Sept. 29 – No Program; Memorial Hall Gala
Opening

Oct. 6 – Emil Kang: The Opening of Memorial
Hall

STAFF: Natalie Fiess, Chair; Jane Berryman, Russell Graves, Ray Mack, Nancy Martin, and Mary Scroggs. Ann Kendall drawing

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CAROL WOODS

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